

Dr Isabel Skypala - Register of Interests

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Current

Personal Interests

Direct employment.	Heart, Lung and Critical Care Care group of Guys & St Thomas NHS Foundation Trust, formerly known as the Royal Brompton & Harefield NHS Foundation Trust – 1979 - present
Consultancies and other fee-paid work.	<p>Received an honorarium from HVD for a lecture given in Poland in October 2025, which included a fee for the preparation of the lecture and also the reimbursement for the cost of the flights.</p> <p>Received an honorarium from ThermoFisher in November 2025 for the preparation and delivery of a webinar on food allergy diagnosis</p> <p>October 2025 – gave a lecture for DBV but did not receive any honorarium</p>
Shareholdings.	None.
Clubs, other organisations and advocacy groups.	<p>Member of the British Dietetic Association (1979 – present)</p> <p>Member of the British Society of Allergy & Clinical Immunology (2003 – present), and current chair of the Standards of Care Committee</p> <p>Member of the European Academy of Allergy & Clinical Immunology (2009 to present) and current chair of the Food Allergy Interest Group</p> <p>Member of the American Academy of Allergy, Asthma & Immunology (2012 to present)</p>

Other personal interests.	Honorary Senior Clinical Lecturer, Imperial College London 2008 – present
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Non Personal

Fellowships.	None.
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Indirect support.	My employer also receives a small annual payment from a research grant from the NIHR, due to my participation in a national trial called TIGER, evaluating the effect of dietary exclusion on eczema outcomes. I am a member of the steering subcommittee. 2022 – present
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Trusteeships.	None.
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Land and property.	None.
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Other public appointments.	None.
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Other non-personal interests.	None.
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Historic interests

Personal Interests

Royal Brompton Brompton & Harefield NHS
Foundation Trust

Direct employment.

Consultant Allergy Dietitian 2014 – present

Director of Rehabilitation & Therapies 2002-2014

Head of Dietetics 1984-2002

Dietitian/Senior Dietitian 1979-1984

In the last 5 years I have received honoraria for
lectures from the following:

HVD – 2 lectures

Consultancies and other fee-
paid work.

ThermoFisher – 1 lecture

TouchIME – 1 lecture

Royal College of General Practitioners – 1 lecture

Southampton University – fee for writing and
recording 2 lectures every 2 years for their MSc

Shareholdings.

None.

Clubs, other organisations
and advocacy groups.

None.

Other personal interests.

None.

Non Personal

Fellowships.

None.

Indirect support.

None.

Trusteeships. None.

Land and property. None.

Other public
appointments. None.

Other non-personal
interests. External Examiner for the following institutions:

2007-2010 - External Examiner, Nutrition & Dietetics,
Robert Gordon University, Aberdeen

2009-2012 - External Examiner, Nutrition & Dietetics,
London Metropolitan University

2019-2023 – External Examiner, MSc in Dietetics,
Sheffield Hallam University